



2010 Express Scripts National Preferred Preventive Drug List

Prescription Drugs: You Make the Choices, We Make it Easy

Preventive Prescription Drugs: A Good Choice

Prescription drugs that can help keep you from developing a health condition are called *preventive prescription drugs*. They can help you maintain your quality of life and avoid expensive treatment, helping to reduce your overall healthcare costs.

If your doctor prescribes a preventive prescription drug, you pay only a percentage of the total cost – right from the beginning.

Is Your Drug a Preventive Prescription Drug?

The following is a list of the most commonly prescribed preventive drugs. The list is not all-inclusive and does not guarantee coverage. Not all the drugs listed are covered by all prescription-drug benefit programs; check your benefit materials for the specific drugs covered and the copayment information for your prescription-drug benefit program.

For the member: Generic drugs are listed in lower case letters. Example: atenolol. Generic medications contain the same active ingredients as their corresponding brand-name medications, although they may look different in color or shape. They have been FDA-approved under strict standards.

Brand-name drugs are listed in CAPITAL letters. Example: TENORMIN. In addition to using this list, you are encouraged to ask your doctor to prescribe generic drugs whenever appropriate.

Some drugs are marked with a symbol “*”. The symbol * next to a drug signifies subject to nonpreferred status when generic is available throughout the year.

For the physician: Please prescribe preferred (Best Buy) products and allow generic substitutions when medically appropriate. Thank you.

NOTE: This list does not indicate coverage. You or your doctor may be asked to prove that the drug you're taking is being used for prevention. This list does not include all conditions that may be prevented with preventive prescription drugs or all preventive drugs available. Your plan sponsor believes that these drugs satisfy the requirements for preventive care as outlined by the U.S. Treasury Department but cannot ensure that the Treasury Department would agree that all of these drugs satisfy the definition of preventive care.

BEST BUY MEDICATIONS

The following list of drugs represents the preferred medications under the Preventive care list. Preferred medications are generic or brand-name drugs available to members at the lower cost.

A acebutolol hcl ACTHIB ACTONEL ACTONEL WITH CALCIUM ACTOPLUS MET ACTOS ADVAIR DISKUS ADVAIR HFA ADVICOR afeditab cr AGGRENOX albuterol albuterol sulfate amiloride hcl amiloride hcl-hctz aminophylline amlodipine besylate amlodipine besylate- benazepril APLISOL ARIMIDEX* AROMASIN ASCENSIA/ GLUCOMETER strips and meters atenolol atenolol-chlorthalidone ATROVENT HFA ATTENUVAX VACCINE W/DILUENT	AVANDAMET AVANDARYL AVANDIA B benazepril hcl benazepril hcl-hctz betaxolol hcl bisoprolol fumarate bisoprolol fumarate-hctz BONIVA tablet bumetanide BYETTA C captopril captopril-hydrochlorothiazide cartia xt chlorthiazide chlorthalidone cholestyramine cholestyramine light cilostazol clonidine clonidine hcl CLORPRES colestipol hcl COMBIVENT COMVAX copd	COREG CR* COZAAR* CRESTOR cromolyn sodium D DECAVAC dilt-cd diltia xt diltiazem er diltiazem hcl dilt-xr DIOVAN DIOVAN HCT dipyridamole DIURIL SODIUM DUETACT dyflex-g dy-g liquid dylis DYNACIRC CR dyphylline gg E ed-bron g enalapril maleate enalapril maleate-hctz ENGERIX-B epinephrine EVISTA	EXFORGE F felodipine er FEMARA fenofibrate FLOVENT FLOVENT DISKUS FLOVENT HFA folic acid FORADIL FORTEO fortical fosinopril sodium fosinopril- hydrochlorothiazide furosemide G gemfibrozil gimepiride glipizide glipizide er glipizide xl glipizide-metformin GLUCAGEN GLUCAGON EMERGENCY KIT glyburide glyburide micronized glyburide-metformin hcl	guanabenz acetate guanfacine hcl H HAVRIX HEPAGAM B HIBTITER HUMALOG HUMALOG MIX 50/50 HUMALOG MIX 75/25 HUMULIN HUMULIN 70/30 HUMULIN R hydra-zide hydrochlorothiazide HYPERHEP B S/D HYPERRAB S/D HYPERRHO S/D HYPERTETS/D HYZAAR* I IMOGAM RABIES-HT IMOVAX RABIES VACCINE indapamide INFANRIX INTAL inhaler IPOL ipratropium bromide
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THIS DOCUMENT LIST IS EFFECTIVE JANUARY 1, 2010 THROUGH DECEMBER 31, 2010. THIS LIST IS SUBJECT TO CHANGE.

Check your benefit materials for copayment information. Copayments vary based on formulary status.

For specific questions about your coverage, please call the phone number printed on your ID card.

You can get more information and updates to this document at our web site at www.express-scripts.com.

ipratropium-albuterol
isoproterenol hcl
isradipine

J
jantoven
JANUMET
JANUVIA

L
labetalol hcl
LANTUS cartridge, solostar
LANTUS vial
LEVATOL
LEVEMIR
LIPITOR
lisinopril
lisinopril-hctz
LOTREL
lovastatin
LOVAZA

M
MENACTRA
MENOMUNE -A/C/Y/W/
W/DILUENT VL
MENOMUNE -A/C/Y/W-135
MERUVAX II VACCINE
W/DILUENT
metaproterenol sulfate
metformin hcl
metformin hcl er
methylothiazide
methyldopa-
hydrochlorothiazide
metolazone
metoprolol succinate
metoprolol tartrate
metoprolol-
hydrochlorothiazide
M-M-R II VACCINE
W/DILUENT
moexipril hcl
moexipril-
hydrochlorothiazide
multi-vit w/fluoride & iron
MUMPSVAX VACCINE
W/DILUENT

N
nadolol
nadolol-
bendroflumethiazide
NIASPAN
nicardipine hcl
nifediac cc
nifedical xl
nifedipine
nifedipine er
nimodipine
NOVOLIN
NOVOLOG
NOVOLOG MIX 70/30

O
ONE TOUCH
strips and meters

P
PEDVAXHIB
pentoxifylline
pindolol
PLAVIX
PNEUMOVAX 23
PRANDIN
pravastatin sodium
PRECISION XTRA
prenatal vitamin (generic)

prevalite
PREVNAR
PROAIR HFA
PROGLYCEM
propranolol hcl
propranolol hcl w/hctz

Q
quinapril hcl
quinapril-
hydrochlorothiazide
quinaretic
QVAR

R
RABAVERT
RECLAST
RECOMBIVAX HB
rimantadine hcl

S
SEREVENT
simvastatin
SINGULAIR
sorine
SPIRIVA
spironolactone
spironolactone-hctz
SULAR
SYMBICORT
SYMLIN
SYNAGIS

T
TAMIFLU
tamoxifen citrate
taztia xt
TEKTURNA
TEKTURNA HCT
terbutaline sulfate
TETANUS TOXOID (FLUID)
tetanus toxoid adsorbed
theochron
theophylline
theophylline anhydrous
THERACYS
TICE BCG
timolol maleate
tolazamide
tolbutamide
torsemide
trandolapril
triamterene-hctz
TUBERSOL
TWINRIX

V
VAQTA
VARIVAX VACCINE
VENTOLIN HFA
verapamil er
verapamil er pm
verapamil hcl
VERELAN PM
VYTORIN

W
warfarin sodium
WELCHOL

X
XOLAIR
XOPENEX
XOPENEX HFA

Z
ZETIA

OTHER PREVENTIVE MEDICATIONS

The following section lists the nonpreferred medications. These are drugs that are available to the member at a higher cost.

A
ACCOLATE
ACCU-CHEK
strips and meters
ACCUNEB
ACUPRIL
ACCURETIC
ACEON
ADALAT CC
ADRENALIN CHLORIDE
AEROBID
AEROBID-M
ALDACTAZIDE
ALDACTONE
ALTACE
ALTOPREV
ALUPENT
AMARYL
ANTARA
APIDRA
ASMANEX
ATACAND
ATACAND HCT
AVALIDE
AVAPRO
AZMACORT

G
GAMASTAN S/D
GLUCOPHAGE
GLUCOPHAGE XR
GLUCOTROL
GLUCOTROL XL
GLUCOVANCE
GLUMETZA
GLYNASE
GLYSET

I
INDERAL
INDERAL LA
INNOPRAN XL
INSPIRA
INTAL neb solution
ISOPTIN SR
ISUPREL

B
BENICAR
BENICAR HCT
BETAPACE
BETAPACE AF
BRONCOMAR-1
BROVANA
BUMEX

C
CADUET
CALAN
CALAN SR
CAPOTEN
CAPOZIDE
CARDENE
CARDENE SR*
CARDIZEM
CARDIZEM CD
CARDIZEM LA
chlorpropamide
COLESTID
COREG
CORGARD
CORZIDE
COUMADIN tablets
COVERA-HS

D
DEMADEX
DIABETA
DIFIL-G
DIFIL-G FORTE
DILACOR XR
DILEX-G
DILEX-G 200
DILEX-G 400
DIURIL
DUONEB
DYAZIDE
DYRENIUM

E
EDECIN
ELIXOPHYLLIN

F
FLUMADINE
FLUMIST
FORTAMET
FOSAMAX
FOSAMAX PLUS D

G
GAMASTAN S/D
GLUCOPHAGE
GLUCOPHAGE XR
GLUCOTROL
GLUCOTROL XL
GLUCOVANCE
GLUMETZA
GLYNASE
GLYSET

I
INDERAL
INDERAL LA
INNOPRAN XL
INSPIRA
INTAL neb solution
ISOPTIN SR
ISUPREL

K
KERLONE

L
LASIX
LESCOL
LESCOL XL
LIPOFEN
LOFIBRA
LOPID
LOPRESSOR
LOPRESSOR HCT
LOTENSIN
LOTENSIN HCT
LUFYLLIN
LUFYLLIN-GG

M
MAVIK
MAXAIR AUTOHALER
MAXZIDE
MAXZIDE-25MG
METAGLIP
MEVACOR
MIACALCIN nasal spray
MICARDIS
MICARDIS HCT
MICRHOGAM
MICRONASE
MICROZIDE
MONOPRIL
MONOPRIL HCT

N
NABI-HB
NATURETIN-5
NORVASC

P
PLENDIL
PRAVACHOL
PRECISION QID
strips and meters
PRECOSE
PRESTIGE SMART
strips and meters
PRINIVIL
PRINZIDE
PROCARDIA
PROCARDIA XL
PROVENTIL
PROVENTIL HFA
PULMICORT

Q
QUESTRAN
QUESTRAN LIGHT

R
RELENZA
RHOGAM
RHOPHYLAC
RIOMET

S
SECTRAL
STARLIX

T
TARKA*
TENORETIC 100
TENORETIC 50
TENORMIN tablet
TEVETEN
TEVETEN HCT
THALITONE
THEO-24
TIAZAC
TICLID
TOPROL XL
TRANDATE
TRICOR
TRIGLIDE
TRUETRACK
strips and meters

U
UNIPHYL
UNIRETIC
UNIVASC

V
VASERETIC
VASOTEC
VERELAN
VOSPIRE ER

W
WINRHO SDF

Z
ZAROXOLYN
ZEBETA
ZESTORETIC
ZESTRIL
ZIAC
ZOCOR
ZYFLO*

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